

LOYOLA MARYMOUNT UNIVERSITY ELDER CARE RESOURCES



Employee Assistance Program (EAP)

Health Advocate provides support, resources and information to help you and your family care for an elderly loved one. For more information contact Health Advocate at (866) 695-8622 or email answers@healthadvocate.com or visit the website at healthadvocate.com

[A Home That Cares](#) – Your Local Elder Care Advisor

Free and personalized referrals to senior housing and care options for seniors and their families. AHTC helps you find the most appropriate solution, including:

- Independent /Retirement Living
- Assisted Living
- Memory Care Communities
- Residential Board and Care Homes
- Home Care
- Skilled Nursing Care

Resources

- [Alzheimer's Association](#) - The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research.
- [City of Los Angeles Department of Aging](#) - City of Los Angeles Department of Aging provides community based services to seniors and their caregivers to ensure the highest quality of life as possible and remain in the community.
- [Los Angeles Caregiver Resource Center](#) - Since 1989 the USC Family Caregiver Support Center (FCSC) at USC Davis School (home of the LA Caregiver Resource Center) has placed a high priority on providing support across the continuum of caregiving, including diagnosis, prognosis, services that help maintain the care recipient's independence and abilities, helping caregivers care for themselves, and manage their own well-being. Supportive services include information, assessment, individual consultations, respite, education, and training.
- [Safe Senior Care Resources](#) – Provides resources and information regarding elder abuse, financial fraud against seniors, physical abuse, neglect and emotional abuse.
- [Medicare.gov](#) - Programs of All-Inclusive Care for the Elderly (PACE)
- [National Institute on Aging](#) – Offers information on caring for older adults, advance care planning, and long-distance caregiving.

For additional information, contact the [Work/Life Resource Counselor](#) at 310-338-7417